



**SOUTH COAST**  
ATHLETICS



## 2018/19 SEASON PLANNER

Date	Day	Venue	Meeting
<b>OCTOBER</b>			
19	Friday 4.30pm	Victor R-7 Oval	Program 1
26	Friday 4.30pm	Victor R-7 Oval	Program 2
<b>NOVEMBER</b>			
2	Friday 4.30pm	Victor R-7 Oval	Program 3
9	Friday 4.30pm	Victor R-7 Oval	Program 1
<b>11</b>	<b>Sunday</b>	<b>SA Athletics Stadium</b>	<b>PB Day #1</b>
16	Friday 4.30pm	Victor R-7 Oval	Program 2
23	Friday 4.30pm	Victor R-7 Oval	Program 3
30	Friday 4.30pm	Victor R-7 Oval	Program 1
<b>DECEMBER</b>			
<b>2</b>	<b>Sunday</b>	<b>SA Athletics Stadium</b>	<b>SALAA Relay Champs</b>
7	Friday 4.30pm	Victor R-7 Oval	Program 2
14	Friday 4.30pm	Victor R-7 Oval	Program 3
<b>CHRISTMAS / NEW YEAR BREAK</b>			
<b>JANUARY</b>			
<b>4</b>	<b>Friday 4.30pm</b>	<b>Victor R-7 Oval</b>	<b>Special Program</b>
11	Friday 4.30pm	Victor R-7 Oval	Program 1
<b>TBA</b>	<b>TBA</b>	<b>SA Athletics Stadium</b>	<b>Holiday Clinic</b>
<b>18</b>	<b>Friday 6.30pm</b>	<b>SA Athletics Stadium</b>	<b>Interclub Zone 2 Comp</b>
25	Friday 4.30pm	Victor R-7 Oval	Program 2
<b>FEBRUARY</b>			
1	Friday 4.30pm	Victor R-7 Oval	Program 3
8	Friday 4.30pm	Victor R-7 Oval	Program 1
<b>9-10</b>	<b>Sat/Sun</b>	<b>SA Athletics Stadium</b>	<b>Multi-Event Champs</b>
15	Friday 4.30pm	Victor R-7 Oval	Program 2
22	Friday 4.30pm	Victor R-7 Oval	Program 3
<b>23-24</b>	<b>Sat/Sun</b>	<b>SA Athletics Stadium</b>	<b>PB Day #2</b>
<b>MARCH</b>			
1	Friday 4.30pm	Victor R-7 Oval	Program 1
8	Friday 4.30pm	Victor R-7 Oval	Program 2
<b>15</b>	<b>Friday 4.30pm</b>	<b>Victor R-7 Oval</b>	<b>Nitro Relay Night &amp; AGM</b>
<b>17</b>	<b>Sunday</b>	<b>SA Athletics Stadium</b>	<b>State Challenge</b>
<b>23-24</b>	<b>Sat/Sun</b>	<b>SA Athletics Stadium</b>	<b>State Individual Champs</b>
<b>PRESENTATION EVENING - 29th March (Venue &amp; Time TBA)</b>			
<b>CROSS COUNTRY CHAMPIONSHIPS – 21st July 2019 (Venue TBA)</b>			